

Brisbane South - Primary Mental Health Care

2019/20 - 2023/24

Activity Summary View



MH-H2H - 92 - MH 9.2 H2H Intake and Assessment Phone Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-H2H

Activity Number *

92

Activity Title *

MH 9.2 H2H Intake and Assessment Phone Service

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

To provide a welcoming and accessible entry point for people experiencing mental distress, mental ill health, and /or addiction, and their families and carers through service navigation to connect consumers to the right mental health service at the right time to meet their identified needs through their preferred platform. GPs, psychiatrists and other health professionals may also use the Head to Health phone service to find service options for their patients.

Description of Activity *

The Head to Health Phone/Digital Intake Service provides a central point for people to speak to someone about mental health issues and receive information and advice about mental health and AOD use. Consumers requiring more than information or assistance navigating available services will be provided with an assessment of their needs, to be undertaken using the

Commonwealth's Initial Assessment and Referral (IAR) Decision Support Tool (DST) tool enabling the seamless connection of consumers to appropriate local services to meet their identified needs.

Partnership

As key system partners, Brisbane South PHN and Metro South Addiction and Mental Health Services (MSAMHS) are working collaboratively to establish and implement this service under our joint regional priority of Integrated Care Pathways.

MSAMHS operate a 24/7 centralised intake, assessment and referral function through MH Call, which is focused on providing access to specialist supports within MSAMHS and hospital settings. Our model seeks to collaborate in a joint approach, integrating MH Call and the Head to Health service to ensure seamless initial assessment and referral across the care continuum.

The service will be delivered through a tripartite partnership between Brisbane South PHN, MSAMHS and the commissioned service provider. The partnership will be enacted through governance structures and formalised through governance agreements. The service delivery partner will be co-located with MH Call and utilise Metro South Health's telephony system and have access to their Client Management System. MH Call will offer support to people contacting the service after hours.

Service Navigation

By working collaboratively with local mental health service providers to develop strong working relationships, a seamless service pathway will be provided to consumers. A holistic approach to care will be enacted, including linking to services that address a broad range of social, physical and emotional needs, supported by best practice in evidence-based and evidence informed care. The service will complement and not duplicate existing services, including crisis phone lines and state-based acute care intake services. Consistent triage will be promoted to enable transfer and referral to the most appropriate services including Head to Health adult mental health centres and satellites, as available, community-based mental health services, including those provided by the Hospital and Health Service, NGOs or private providers.

Place Based Approach

Flexibility for regional variation to address local population needs and to make optimal use of already available services will be provided. Services under this activity will be delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands, in line with the Mental Health Priority Area 4: Mental Health Services for severe and complex mental illness. This place-based approach to care provision will ensure that priority populations gain access to evidenced based interventions aligned to their mental health needs. A program logic model will be maintained identifying appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

A place-based communications and engagement strategy will underpin our implementation and ongoing development.

Outcomes

In broad terms, the following outcomes for consumers and carers are expected:

- People requiring support will recognise Head to Health as an accessible entry point to the mental health care system for the services and information they need.
- People will be able to access, or be connected to, the particular mental health and related services they are assessed as needing.
- People will receive the most appropriate service for their individual needs; and
- Demand for services and waitlists are actively monitored at a national level with the aim to connect people to a level of care based on their assessed needs.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
A local mental health service system that is not able to meet people's mental health needs.	251

The numerous barriers for people experiencing mental health concerns to find and access the right support.	252
--	-----



Activity Demographics

Target Population Cohort

People living within the Brisbane South PHN region who are experiencing emotional distress, mental ill health, and / or addiction, and their families and carers. In particular, those who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations including but not limited to Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation occurred with the Hospital and Health Service, non-government service providers, and people with lived and living experience.

Collaboration

Lived and Living Experience Consumers – Planning, Co-design, Procurement,
 Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation.
 Primary mental health care providers - Planning, Co-design, Implementation, Monitoring, and Evaluation.
 Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation.



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2023

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** No**Direct Engagement:** No**Open Tender:** Yes**Expression Of Interest (EOI):** No**Other Approach (please provide details):** No**Is this activity being co-designed?**

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Yes

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Co-design

The model will continue to be developed through co-production including engagement of people with lived experience throughout the initial development and procurement process. The service model includes lived / living experience workforce to enable participants to receive a range of support options to sustain their optimal health and wellbeing. Development of a local website identifying service options, will be developed through a co-design process.

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Co-commissioning

The Head to Health Phone/Digital Intake Service will be delivered in collaboration with MSHAMHS with on-site co-location of the

service provider with MH Call and use of Metro South Health's telephony system and Client Management System to enable seamless transitions for consumers to all available support and intervention pathways across the care continuum.



MH - 11 - MH 1.1 Low Intensity Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

11

Activity Title *

MH 1.1 Low Intensity Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

- To ensure accessible and equitable provision of services that are localised to communities through a place-based approach
- Reduce barriers to access by fostering an integrated approach, ensuring seamless transitions across the continuum of care
- These activities will have a particular focus on priority groups including Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse peoples, people identifying as LGBTIQ+, and people with disability.

Description of Activity *

The long-term objective of the service model is for people in the Brisbane south region to enjoy better mental health and social wellbeing. This will be achieved by:

- Addressing service gaps identified in the provision of low intensity services for people in under-served areas, making optimal use of the available service infrastructure and workforce including primary care system by utilising feedback from services users, service providers and evaluations of previous programs at the local level.
- Implementing and monitoring a low intensity service model that is appropriate for people who are at risk of or developing early

signs of mental illness.

- Commission programs to holistically address the needs of the individual and link other available services to ensure seamless transitions through the continuum of care between low intensity and mild to moderate services.
- Service offerings will include lower intensity evidence based clinical supports, peer supports, therapeutic groups and exploration of available digital health resources and education to provide a step up and down option to individuals.
- Continue to improve referral pathways between the broader community and primary care system liaising closely with General Practices (GPs) and providing a central point of referral
- Service offerings will include a range of delivery modalities including outreach, face-to-face, telephone and online services based on community advice and local needs.

Outcomes:

- Collaborative planning meets the wellbeing needs of the local community
- Available resources and primary care system provide a wrap around and person centre approach
- People, with specific focus on hard to reach and priority populations, have appropriate access to the mental health system
- Services provided are appropriate to people's needs
- Service journey is seamless, coordinated and integrated.
- Service users have a positive experience of services and
- Improved mental health for service users.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

All people within the Brisbane South PHN region who are at risk of, or showing early symptoms of mental health issues.

- Specialised and peer base services will be tailored for the following priority populations:
- People identifying as Lesbian, Gay, Bisexual, Transgender, Intersex and Queer/Questioning (LGBTIQA+)
- Aboriginal and Torres Strait Islander peoples
- People from Culturally and Linguistically Diverse (CALD) backgrounds
- People with disability

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation
Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation
Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation
Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>.

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 21 - MH 2.1 headspace Primary Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

21

Activity Title *

MH 2.1 headspace Primary Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mild to moderate mental illness.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Primary

• headspace Primary will provide an evidence-based intervention to 12-25 year olds with, or at risk of, mild to moderate mental illness. This collaborative, person centred model of care aims to improve young people’s health outcomes and promote wellbeing across mental and physical health, work and study support, and alcohol and other drug services.

• Commissioned service providers will deliver headspace Primary services in line with the headspace Model Integrity Framework. The service will integrate the existing headspace Primary model of care and other local primary, secondary and tertiary mental health, suicide prevention and alcohol and other drug treatment services within the region.

Mild to Moderate primary mental health services

- The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include evidence-based lower and higher intensity interventions, and severe and complex clinical care coordination services, which will be described under activity MH2.3. This supports an integrated approach, ensuring seamless transitions across the continuum of care.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the workforce will include a peer and/or lived experience workforce.
- Populations identifying as LGBTIQ+, Aboriginal and Torres Strait Islander, CALD and those disengaged from systems (such as Education, Health or Justice) will be a priority focus.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQ+.	251

Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
--	-----



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild to moderate mental health condition.
- Those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTIQ+ community.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
 Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
 Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
 Hospital and Health Service - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** Yes**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not applicable.

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>.

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 22 - MH 2.2 headspace Youth Early Psychosis Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

22

Activity Title *

MH 2.2 headspace Youth Early Psychosis Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing early psychosis.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Youth Early Psychosis Program

- Continue to deliver this service as per the hub and spoke model implemented with Gold Coast PHN and report through the Early Psychosis Youth MDS to the headspace National office.

- The program will continue to provide an evidence-based intervention to 12-25 year olds with, or at risk of, early psychosis with another service provider commissioned by the Gold Coast PHN. This collaborative, person centred model aims to improve young people's health outcomes and promote wellbeing with services provided by primary headspace services..

Needs Assessment Priorities ***Needs Assessment**

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the catchment area defined by the cluster and headspace National Organisation between Gold Coast PHN Region and Brisbane South PHN Region.
- At risk of/or experiencing early psychosis.
- Those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Gold Coast PHN, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation
 Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 23 - MH 2.3 headspace Enhanced Services Low Intensity



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

23

Activity Title *

MH 2.3 headspace Enhanced Services Low Intensity

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

- To enable place-based, cross sectoral approaches to services for children and young people living with, or at risk of developing early psychosis.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

- The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their needs

Low intensity primary mental health services

- The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include evidence based lower intensity interventions. This will prevent unnecessary service escalation to headspace primary programs and offer an appropriate step down from more clinically based interventions.
- The addition of low intensity service enhancements will improve access to evidenced based interventions for young people with, or at risk of, mild mental illness who do not require the Better Access or Psychological Therapies programs.
- Based on the principles of early intervention, these low intensity services will support self-management and emphasise skill development. Highly focussed and short-term in delivery, these enhancements will provide a key platform within the stepped care approach to better align with the young person's changing needs.
- Service delivery will include group and individual interventions across a variety of suitable modalities including outreach, face-to-face, telephone, digital health and online services.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the workforce will include a peer and/or lived experience workforce.

Low intensity provision enhances service capacity and accessibility for people requiring higher intensity levels of care.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander people, people from CALD backgrounds and the LGBTQIA+ community.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 24 - MH 2.4 headspace Enhanced Services Mild and Moderate



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

24

Activity Title *

MH 2.4 headspace Enhanced Services Mild and Moderate

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

Objectives:

- To enable place based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mental illness across the spectrum of care from early intervention to services for those with severe and complex needs.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

- The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their need.

Mild to Moderate primary mental health services

The headspace Primary service model will be enhanced to allow more flexibility in delivery, based on the needs of the individual. These enhancements will include Psychological Therapies.

- Based on the principles of early intervention, the Psychological Therapy program may help to prevent the escalation of mild to moderate mental health symptoms of young people. This will potentially reduce the service needs in the severe and complex system.
- Enhanced service delivery will include group and individual interventions across a variety of suitable modalities including outreach, face-to-face, telephone and online services.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region [PHN 302]
- At risk of/or experiencing a mild mental health condition to those experiencing more severe mental health conditions
- Who may traditionally encounter barriers to accessing services including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

**Activity Commissioning****Please identify your intended procurement approach for commissioning services under this activity:****Not Yet Known:** No**Continuing Service Provider / Contract Extension:** Yes**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** No**Is this activity being co-designed?**

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 25 - MH 2.5 headspace Enhanced Services Severe and Complex



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

25

Activity Title *

MH 2.5 headspace Enhanced Services Severe and Complex

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

- To enable place based, cross sectoral approaches to services for children and young people living with, or at risk of developing a mental illness across the spectrum of care from early intervention to services for those with severe and complex needs.
- To implement an equitable and integrated approach to primary mental health services for children and young people.

Description of Activity *

headspace Enhanced

- The headspace Primary model will be enhanced over time to enable flexible service delivery based on the young person's needs. Young people will be supported to access the level of service required and/or transition seamlessly across the continuum of care in response to their need.

Severe and complex primary mental health services

- The headspace Primary service model will be enhanced to include severe and complex mental health service support as required, for those who are ineligible for more acute services or who are transitioning from the tertiary system, to help reduce instances of hospitalisation/readmission.
- A flexible and responsive service will be provided that enables a young person to step up and step down to the most appropriate care using a recovery-oriented approach designed to address their needs.
- Service elements will improve access, engagement, clinical care and coordination and availability of high quality, evidence based,

age-appropriate, group and individual services to children and young people aged between 12 – 25 years (inclusive) with complex need.

- A wrap around service will be provided by a multi-disciplinary workforce such as Psychiatrist (consultant/ registrar), GPs, clinical and non-clinical Mental Health professionals.
- All interventions will be delivered by an appropriately trained workforce with clinical supervision. Where appropriate the workforce will include a peer and/or lived experience workforce.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing severe mental health conditions
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

05/08/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 28 - MH 2.8 Enhanced CPSP Mental Health Clinical Care Coordination



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

28

Activity Title *

MH 2.8 Enhanced CPSP Mental Health Clinical Care Coordination

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

To commission primary mental health care services for children and young people with severe mental illness being managed in primary care (including clinical care coordination for people with severe and complex mental illness).

Description of Activity *

Where a young person's mental health is significantly impacting on their social and personal life, severe and complex primary mental health services will continue to provide clinical care and coordination. The service will be expected to establish a therapeutic relationship with the young person and support the person to step up and step down to the most appropriate service for their needs.

These services will be delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands. This place-based approach to care provision will ensure that priority populations gain access to evidence based interventions aligned to people's mental health needs. This activity will be delivered in parallel with the Commonwealth Psychosocial Support Program.

It will comprise:

- Clinical care and coordination (Primary Mental Health Care Schedule) – including intake, triage and assessment for appropriate treatment, coordinating services in collaboration with GPs, psychiatrists and allied health professionals, contributing to the care planning and management of the young person, supporting the person to step up and step down to access the most appropriate service for their need.
- Integrate service with available psychosocial support services to provide an holistic approach.
- All interventions will be delivered by an appropriately trained and diverse workforce with clinical supervision. This would include a mixture of appropriately trained and qualified mental health professionals and lived experience workforce where appropriate.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region.
- At risk of/or experiencing a severe mental health condition.
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 31 - MH 3.1 Mild to Moderate Mental Health Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

31

Activity Title *

MH 3.1 Mild to Moderate Mental Health Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-served and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

- To ensure accessible and equitable provision of services that are localised to communities through a place-based approach
- Reduce barriers to service access by fostering an integrated approach, ensuring seamless transitions across the continuum of care.
- Improve equity of access by focusing on priority groups such as Aboriginal and Torres Strait Islander peoples, culturally and linguistically diverse peoples and lesbian, gay, bisexual, transgender, inter-sex and queer or questioning people.
- To improve the mental wellbeing of people living in residential aged care by establishing an appropriate in-reach service model.

Description of Activity *

The long term objective of the service model is for people in the Brisbane south region to enjoy better mental health and social wellbeing. This will be achieved by:

Mild to moderate mental health services

- Addressing service gaps in the provision of psychological therapies for people in under-served areas, making optimal use of the available service infrastructure and workforce including primary care system.
- Commissioning programs to holistically address the needs of the individuals and linking other available services to ensure seamless transitions through the continuum of care between low intensity (refer to 1.1) and mild to moderate.
- Service offerings will include higher and lower intensity clinical supports, and therapeutic groups to provide step up and down

options to individuals.

- Continue to improve referral pathways between the broader community, hospital and health services and primary care system liaising closely with General Practices (GPs) and providing a central point of referral.
- Service offerings will include a range of delivery modalities including outreach, face-to-face, telephone and online services based on community advice and local needs.

Residential Age Care Facilities Services

- An in-reach program to identified facilities in provision of evidence based individual and group clinical interventions that are suitable for the cohort.

Commission a suitable service model that is appropriate for people who are residing in Residential Aged Care Facilities.

- Service offerings include evidence based higher and lower intensity clinical supports, and therapeutic groups to provide a step up and down option to individuals.
- Delivery modalities include face-to-face, services both in individual and group in the RACF setting and embeds enabling supports for older people to attend therapy
- Workforce development activities for GP,s allied health professionals, close supporters and facility staff to increase awareness of early signs of mental illness to support access, reduce stigma surrounding mental illness for residents, family, carers and professional staff.

Outcomes:

- Collaborative planning meets the wellbeing needs of the local community
- Available resources and primary care system provide a wrap around and person centre approach
- People, with specific focus on hard to reach and priority populations, have appropriate access to the mental health system
- Services provided are appropriate to people's needs
- Service journey is seamless, coordinated and integrated.
- Service users have a positive experience of services
- Improved mental health for service users.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

All people within the Brisbane South PHN region who are at risk of, or experiencing mild mental health issues.

For Residential Aged Care Facilities only:

- Residents with a diagnosed mild to moderate mental illness or who are assessed as at risk of mental illness if they do not receive services
- Residents diagnosed with severe mental illness and not more appropriately supported by State Government Older Persons Mental Health Services

For psychological therapies only:

- People who are financially disadvantaged, and identify with one of the below contributing factors:
 - living in rural and remote communities
 - under the age of 12 years, who have or are at risk of developing a mild to moderate mental illness, childhood behavioural or emotional disorders
 - experiencing, or at risk of, homelessness
 - experiencing perinatal depression/anxiety
 - at risk of suicide or self-harm
 - experiencing domestic and family violence
 - People who identify as LGBTIQ+
 - Aboriginal and Torres Strait Islander peoples
 - People from a Culturally and Linguistically Diverse (CALD) background
 - People with disability

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025

**Activity Commissioning**

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No**Continuing Service Provider / Contract Extension:** Yes**Direct Engagement:** No**Open Tender:** No**Expression Of Interest (EOI):** No**Other Approach (please provide details):** No**Is this activity being co-designed?**

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 41 - MH 4.1 Severe and Complex Mental Health Care Services



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

41

Activity Title *

MH 4.1 Severe and Complex Mental Health Care Services

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

To commission primary mental health care services for people with severe mental illness being managed in primary care (including clinical care coordination for people with severe and complex mental illness).

This activity will be conducted in parallel with the Commonwealth Psychosocial Support Program.

Description of Activity *

Where a person's mental health is significantly impacting on their social, personal and work life, severe and complex primary mental health services will continue to provide clinical care and coordination. The service will be expected to establish a therapeutic relationship with the person and support the person to step up and step down to the most appropriate service for their needs.

These services will be delivered across four sub-regions: Brisbane, Logan, Beaudesert and Redlands. This place-based approach to care provision will ensure that priority populations gain access to evidence based interventions aligned to people's mental health needs.

It will comprise:

- Clinical care and coordination (Primary Mental Health Care Schedule) – including triage and assessment for appropriate

treatment, coordinating services in collaboration with GPs, psychiatrists and allied health professionals, contributing to the care planning and management of the person, supporting the person to step up and step down to access the most appropriate service for their need.

- Integrate service with available psychosocial support services to provide a holistic approach.
- All interventions will be delivered by an appropriately trained and diverse workforce with clinical supervision. This would include a mixture of appropriately trained and qualified mental health professionals and lived experience workforce where appropriate.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251



Activity Demographics

Target Population Cohort

Adults residing in the Brisbane South PHN region whose mental health condition is significantly impacting their social, personal and work life who may be at risk of hospitalisation in the future if appropriate care is not provided or have been to hospital at least once in relation to their mental health.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 51 - MH 5.1 Suicide Prevention Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

51

Activity Title *

MH 5.1 Suicide Prevention Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

To implement a place based approach to suicide prevention through community-based activities and partnership with local Hospital and Health Services (HHS) and other providers.

To ensure appropriate follow-up and support arrangements, provided by an appropriate workforce, are in place for individuals after a suicide attempt and for people at high risk of suicide.

Description of Activity *

- Commission clinical and non-clinical services including individual and group programs specific to particular priority populations.
- Service integration within the region, including the HHS, about the need to support follow-up care to individuals who have self-harmed or attempted suicide
- Building capacity of primary care service workforce and the community to support people at risk of suicide.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

People within the Brisbane South PHN region who are experiencing, or at increased risk of, suicide.

Brisbane South PHN have a particular focus on priority populations:

- CALD communities within the Brisbane South PHN region
- Aboriginal and Torres Strait Islander peoples including those with a youth focus
- People identify as LGBTQIA+
- People with disability

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bspnh.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bspnh.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 52 - MH 5.2 Indigenous Suicide Prevention Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

52

Activity Title *

MH 5.2 Indigenous Suicide Prevention Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description

Aim of Activity *

Enhance and better integrate Aboriginal and Torres Strait Islander suicide prevention services at a local level facilitating a joined-up approach with other closely connected services including social and emotional wellbeing, suicide prevention and alcohol and other drug (AOD) services.

Description of Activity *

Activities targeting Aboriginal and Torres Strait Islander people listed within this schedule (across priorities 5 and 6; and within the AOD Schedule) will be addressed through the same engagement, planning and co-design process given the need for a holistic life course approach to addressing the needs of Aboriginal and Torres Strait Islander people.

Brisbane South PHN acknowledges that funds are allocated for specific use.

Objectives of Suicide Prevention for youth:

- This program will be based upon previous community-led, place-based, evidenced based programming.
- Delivery of Aboriginal and Torres Strait Islander youth mental health, AOD, suicide prevention, and social and emotional wellbeing services.

Outcomes:

- Improved outcomes for people receiving PHN-commissioned Aboriginal and Torres Strait Islander mental health services.
- High levels of stakeholder satisfaction.
- Positive consumer experience and satisfaction.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Working to address the social and emotional wellbeing challenges that First Nations peoples disproportionately experience.	202



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander people experiencing, or at increased risk of, suicide living in the Brisbane South PHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

This service is a community-led social emotional and wellbeing program

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation with elders and the Aboriginal and Torres Strait Islander community controlled sector based on local needs.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 53 - MH 5.3 The Way Back Support Service



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

Activity Title *

MH 5.3 The Way Back Support Service

Existing, Modified or New Activity *

Existing

**Activity Priorities and Description****Program Key Priority Area ***

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

To implement a place-based approach to suicide aftercare through community-based activities and partnership with local Hospital and Health Services (specifically the Princess Alexandra Hospital catchment/Brisbane sub-region) and other providers.

To ensure appropriate follow-up and support arrangements, provided by an appropriate workforce, are in place for individuals after a suicide attempt and for people at high risk of suicide.

Description of Activity *

The Way Back Support Service (TWBSS)

The objectives of The Way Back are to:

- improve access to high-quality aftercare to support at-risk individuals to stay safe;
- build capacity of individuals to self-manage distress and improve mental wellbeing;
- improve links with clinical and community-based services to meet individual needs and circumstances;
- increase social connectedness and links to supportive networks (families, friends, peers, and carers); and
- improve the capacity and capability of The Way Back workforce to support at-risk individuals.

The Way Back is a psychosocial support service response for people following a suicide attempt or experiencing suicidal crisis. The Way Back targets individuals following a suicide attempt or those identified as experiencing a suicidal crisis. The Way Back is to be implemented as per the service model and specifications outlined by Beyond Blue, with the addition of program enhancement described below.

Program Enhancements

Due to delays in the execution of the bilateral agreement between Commonwealth and State governments, the intended three-year program has been reduced to two operational years. However, full funding allocated by the Department of Health from the intended first year has been approved to roll-over to enhance the remaining two years of the program. In addition, a proportionate eight months of intended year one funding allocated by Qld Health has also been approved to enhance the remaining two years of the program. This enhancement funding will be utilised by Brisbane South PHN to supplement Beyond Blue funding allocated to the HHS to implement a full-time Clinical Care Coordinator position, to fulfil the requirements set out for the HHS within the Beyond Blue License Agreements.

Roles will include:

- undertake clinical lead responsibilities for TWBSS
- increase Support Coordination FTE to enable targeted support and referral pathways for priority population groups
- modestly increase funding to support establishment of services.

The enhanced model has been informed by learnings from other TWBSS sites, codesigned with the HHS, and approved by Beyond

Blue, Queensland Health and Department of Health.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTIQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

People within the Brisbane South PHN region who are experiencing, or at increased risk of, suicide. Brisbane South PHN have a particular focus on priority populations:

- CALD communities within the Brisbane South PHN region
- Aboriginal and Torres Strait Islander peoples including those with a youth focus
- People identify as LGBTIQIA+
- People with disability

The Way Back Service – People referred from the Brisbane Princess Alexandra Hospital.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

29/06/2020

Activity End Date

29/06/2023



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

The Way Back Support Service program enhancements were co-designed with Metro South Addiction and Mental Health Services and Queensland Health.



MH - 61 - MH 6.1 Indigenous Mental Health Activities



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

61

Activity Title *

MH 6.1 Indigenous Mental Health Activities

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description

Aim of Activity *

Enhance access to, and better integration, of Aboriginal and Torres Strait Islander mental health services at a local level facilitating a joined-up approach with other closely connected services including social and emotional wellbeing, suicide prevention and alcohol and other drug (AOD) services.

Description of Activity *

Activities targeting Aboriginal and Torres Strait Islander people listed within this schedule (across priorities 5 and 6; and within the AOD Schedule) will be addressed through the same engagement, planning and co-design process given the need for a holistic life course approach to addressing the needs of Aboriginal and Torres Strait Islander people.

Brisbane South PHN acknowledges that funds are allocated for specific use.

Objectives:

- Enhanced access to and integration of closely connected place based services including social and emotional wellbeing, suicide prevention and alcohol and other drug services for Aboriginal and Torres Strait Islander people.
- Brisbane South PHN will establish and maintain partnerships across the local region to support integration and coordination.
- Service mapping, data analysis and consultation will inform commissioned services.
- A variety of services commissioned to meet the mental health, suicide prevention and AOD needs of the community.
- Social Emotional Wellbeing (SEWB) commissioned services will encompass:
 - A holistic life-course approach addressing social and emotional wellbeing and the inter-relationship with physical health
 - Aboriginal and Torres Strait Islander led, family focused, culturally responsive, context specific
 - Address any emerging/niche issues
 - Assessment and screening
 - Care planning and coordination
 - Enhance access to specialist services
 - Healing hubs (therapeutic)
 - Rollout of existing/evidence-based models using a place-based approach
 - Service delivery
 - Workforce development

Outcomes:

- Improved clinical and other outcomes for people receiving PHN-commissioned Aboriginal and Torres Strait Islander mental health services.
- High levels of stakeholder satisfaction.
- Positive consumer experience and satisfaction.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Working to address the social and emotional wellbeing challenges that First Nations peoples disproportionately experience.	202



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander peoples

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

Brisbane South PHN have commissioned Aboriginal and Torres Strait Islander community controlled organisations to deliver the social and emotional wellbeing services that target Aboriginal and Torres Strait Islander peoples.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Consultation with elders and the Aboriginal and Torres Strait Islander community controlled sector based on local needs.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2024



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22: <https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 71 - MH 7.1 Stepped Care - Foundations



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

71

Activity Title *

MH 7.1 Stepped Care - Foundations

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

To implement and monitor commissioned mental health and suicide prevention services using a stepped care approach while ensuring continuity of care for consumers accessing services.

Description of Activity *

Governance

- Ongoing monitoring of clinical governance mechanisms of commissioned services to ensure:
 - high quality service delivery supported by quality assurance processes
 - a workforce practicing within scope and competencies
 - risk assessment and management procedures
 - consumer feedback procedures
 - oversight of transitional pathways to support consumers as their circumstances change.

Service planning, integration and quality assurance

- Establish and maintain partnerships and foster integrative approach with regional stakeholders including HHS, NGOs, NDIS providers, AOD providers, Aboriginal and Torres Strait Islander Services.
- Implement data collection and reporting systems to inform service planning and facilitate ongoing monitoring and evaluations.
- Investigate, develop and implement systems to support consumer information sharing between service providers.
- Implement recommendations from the co-design process to ensure services are aligned across a stepped care model with a person centred approach.
- Promote a stepped care approach across the primary care system and commission services to broaden access of appropriate services for the community.
- Build sector and community capacity to increase service quality and effectiveness.

Implementation of Mental Health, Suicide Prevention and Alcohol and Other Drugs Strategy

- Implement the Brisbane South PHN Regional Mental Health, Suicide Prevention and Alcohol and Other Drugs Strategy in conjunction with key industry partners.

Increase consumer and stakeholder collaboration through partnership and place based community led approaches

- Ongoing review and evaluation of services to ensure gaps are being addressed without duplication.
- Engage with primary care system on a local level to enhance health service accessibility for people living with mental illness and their close supporters including improving and simplifying referral pathways.
- Findings to be assessed against the continuum of stepped care, within context of broader services and against the six key areas of activity specific in the Federal mental health reform packages.

Transition requirements and commission services

- Implement processes to minimise the impact on consumers during the transition of funding and services. PHN will give priority to ensuring continuity of care for consumers accessing services.
- Capacity building activities will be provided to services to enhance knowledge of system and population needs in the Brisbane

South PHN region.

Outcomes:

- Improved clinical outcomes for people receiving PHN-commissioned mental health services.
- Improved consumer experience of service.
- Increased workforce satisfaction and capability.
- Improved system level value for money.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Brisbane South PHN residents.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

31/05/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 72 - MH 7.2 Initial Assessment and Referral



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

72

Activity Title *

MH 7.2 Initial Assessment and Referral

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description

Aim of Activity *

The purpose of this activity is to support General Practitioners (GPs) and clinicians in the primary care setting, using the stepped care model to select the least intensive level of care, for a person presenting for mental health assistance by using the Initial Assessment and Referral (IAR) tool.

Description of Activity *

An IAR Training and Support Officer will support General Practitioners (GPs) and clinicians in the Brisbane South PHN region to learn about, use and embed the IAR in clinical practice and workflow. The Training and Support Officer will assist clinicians to navigate and use IAR resources in practice.

Needs Assessment Priorities ***Needs Assessment**

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251

**Activity Demographics****Target Population Cohort**

General Practitioners and other clinicians in Adult Mental Health Centres, General Practices, Aboriginal Medical Services and commissioned providers in the Brisbane south region.

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments**Coverage****Whole Region**

Yes

**Activity Consultation and Collaboration****Consultation**

The Training and Support Officer will consult with the Clinical Council and local GPs to develop a plan for disseminating and implementing the National IAR Guidelines locally.

Collaboration

The Training and Support Officer will collaborate with the Brisbane South PHN Mental Health and Primary Health teams and GP Clinical leads, commissioned providers, Lived Experience Advisory Group and Suicide Prevention Taskforce to plan and implement training to the identified target groups.



Activity Milestone Details/Duration

Activity Start Date

30/06/2021

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Co-design or co-commissioning comments

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 81 - MH 8.1 Integrated Regional Mental Health and Suicide Prevention Plan



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

81

Activity Title *

MH 8.1 Integrated Regional Mental Health and Suicide Prevention Plan

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description

Aim of Activity *

To implement the Joint Regional Mental Health-Suicide Prevention Plan in conjunction with the HHS and Children's Health Queensland (CHQ) to plan activities and enhance the regional response to better meet the needs of people experiencing, or at increased risk of, mental illness and suicide in the PHN region.

Description of Activity *

Objectives:

- In collaboration with key stakeholders within the region, implement the regional Mental Health, Suicide Prevention, Alcohol and Other Drugs Strategy and Working Together Differently Joint Foundation Plan to guide and inform the further development of regional strategies and activities. This will draw from and enhance (where necessary) the needs assessment, service mapping and literature review.

- Further establish and maintain mechanisms for engagement, consultation and shared planning across the health and social services sector; as well as people with lived experience.
- Focus on primary healthcare and the interface and connectivity with services provided by state government, National Disability Insurance Scheme (NDIS), Non-Government Organisations (NGOs), Indigenous organisations and services specialised in priority populations.
- Ensure identified planning activities capture the clinical and non-clinical workforce and market needs across Brisbane South PHN; and identify how the local service system will provide a coordinated and integrated response.
- Services are evidence based and consistent with a best practice stepped care approach, which incorporate a joined-up assessment process and referral pathways.
- Capacity building activities will be provided to services to enhance knowledge of system and population needs in the Brisbane South PHN region.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Brisbane South PHN residents.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2025



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

The joint regional plan will be progressed as a partnership between Brisbane South PHN and Metro South Health Addictions and Mental Health Services (AMHS). This will build on the significant work already completed on the Brisbane South MHSPAOD Strategy 2019-2022 which was developed based on the 2018 Needs Assessment and broad consultation with service providers and people with lived experience and their families / carers.

Please see the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 93 - MH 9.3 Mental Health Care Flood Support



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

93

Activity Title *

MH 9.3 Mental Health Care Flood Support

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Mental Health Priority Area 3; Well-being and resilience grants; Mental Health Priority Area 2.

Aim of Activity *

To provide accessible psychological therapies and other appropriate supports to the range of people impacted by the recent floods in the Brisbane South PHN region. This will specifically involve (1) commissioning local mental health services to meet immediate psychological needs of communities (2) supporting communities in their recovery through well-being and resilience grants (3) supporting young people 12-25 through headspace.

Description of Activity *

Services will support individuals, families, and communities impacted by the disaster and to support recover and build resilience across the flood affected communities.

(1) commissioning local mental health services to meet immediate psychological needs of communities.

Mental health supports will be accessible within community across flood affected areas, to support access to psychological therapies in recognition of the long-term implication on mental health and wellbeing for the community.

Mild to moderate mental health services

-Address service gaps in the provision of psychological therapies for underservices areas specifically those affected by the floods, making optimal use of the available service infrastructure and workforce including primary care system.

-Service offerings will include higher and lower intensity clinical supports, and therapeutic groups to provide a range of opportunities to engage within the community.

-Service offerings will include a range of delivery modalities including outreach, face to face, telephone and online based on community advice and local needs.

-Access to mental health supports for priority populations will be a priority for the response ensuring that those with additional barriers have the opportunity to access supports.

(2) supporting communities in their recovery through well-being and resilience grants.

Community wellbeing and resilience grants will be accessible to organisations in the Brisbane south region to increase the delivery of non-clinical supports. An understanding of community needs, including ongoing impacts on recovery and resilience building, has been gained by working closely with those organisations supporting communities at a grass-roots level.

(3) supporting young people 12-25 through headspace

Additional resource will focus on enhancing the existing flexible delivery model to enable mental health supports to be offered in response to the needs of young people in the community as it presents from each local perspective. Enhanced service deliver will include brief interventions, group work and individual intervention across a variety of suitable modalities within headspace centres to specifically target those impacted by the floods.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

People living within the Brisbane South PHN region who

- are at risk of/or experiencing a severe mental health condition.
- may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTIQ+, and people with disability.
- have been impacted by flood, experiencing situational distress as a result of the floods, or people experiencing distress as a result of recent or past trauma.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2022

Activity End Date

29/06/2023



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH-CV19 - 1 - MH-CV19 - 1 - Emergency COVID-19 Mental Health Support – Older Australians



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

1

Activity Title *

MH-CV19 - 1 - Emergency COVID-19 Mental Health Support – Older Australians

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

To reduce the disproportionate impact of physical distancing measures associated with COVID-19 on the mental health and wellbeing of older people.

Description of Activity *

Brisbane South PHN will commission a service response that will:

- Promote and coordinate connections to services and support in the region for older people experiencing social isolation and/or loneliness; and
- Improve access to physical and mental health services for older people experiencing social isolation and/or loneliness who may be at risk of mental illness, including those who may have experienced service disruption.

This will be achieved by enhancing and leveraging existing commissioned service providers to work in partnership to help reduce system fragmentation and ensure a seamless response across the care continuum, and rapid mobilisation of services. This response will provide clinical care and coordination, in-reach psychological therapies, and social connection and support to older persons at risk of, or who have, mental health conditions and are experiencing social isolation and/or loneliness as well as their carers.

The service arrangements will capitalise on shared expertise and a combined multidisciplinary workforce, including credentialed Mental Health Nurses, Care Coordinators, and Psychologists.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Older people with, or at risk of, mental health conditions who are also experiencing social isolation and/or loneliness; and their carers.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation
Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation
Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

13/09/2020

Activity End Date

30/12/2022



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Not Applicable



MH-CV19 - 2 - MH-CV19 - 2 - Emergency COVID-19 Mental Health Support – People from a CALD background



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

2

Activity Title *

MH-CV19 - 2 - Emergency COVID-19 Mental Health Support – People from a CALD background

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

- Enhance existing commissioned mental health services targeting people from a CALD background
- Promote availability of mental health services and supports associated with the mental health response to the pandemic to CALD groups in the region, and
- Build capacity of services to better meet the needs of people from a CALD background during the pandemic and to build protective factors

Description of Activity *

Community leaders have always played critical and unique roles in responding to mental health concerns in their community, and even more so during COVID-19. Community leaders are:

- often the first point of contact and disclosure for community members in distress or in confusion about where to access support;
- trusted sources of information and are able to normalise mental health concerns and reduce stigma attached to accessing support within and without the community, and;
- act as bridges or conduits between mainstream services and information provision and community members.

Best practice mental health literacy, promotion and stigma reduction literature advocates for a co-design capacity building approach with communities whereby community leaders who are trusted sources of information, support and influence can

explore and reflect on ways to increase mental health literacy and capacity to care for community members and themselves in sustainable ways.

Brisbane South PHN will commission an existing service provider to deliver an initiative piloted in April 2020, which aims to build the capacity of CALD community leaders/natural leaders to respond to the mental and emotional needs of their community members by:

- enhancing their understanding of the impact of COVID-19 on mental and emotional health in CALD and refugee communities
- building skills and tools to respond to community members and families needing emotional and mental health support
- sharing strategies and knowledge to care for themselves and others.

This initiative recognises the unique needs of refugee and CALD background communities and the critical role leaders actively play in building and maintaining emotional and mental health wellbeing for their communities.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

People from CALD and/or refugee backgrounds.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

13/09/2020

Activity End Date

30/12/2022



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Not Applicable



MH-CV19 - 3 - MH-CV19 - 3 - Emergency COVID-19 Mental Health Support Aboriginal and Torres Strait Islander People



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

3

Activity Title *

MH-CV19 - 3 - Emergency COVID-19 Mental Health Support Aboriginal and Torres Strait Islander People

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description**Aim of Activity ***

Reduce the impact of the COVID-19 pandemic on the mental health and wellbeing of Aboriginal and Torres Strait Islander people by boosting capacity of existing services and workforce to deliver services as restrictions are lifted.

Description of Activity *

Brisbane South PHN will seek to enhance existing Social and Emotional Wellbeing services by:

- Commissioning culturally safe additional mental health services, to build capacity of existing services funded by the PHN in the region for Aboriginal and Torres Strait Islander Peoples
- Build capacity of the workforce providing services to Aboriginal and Torres Strait Islander people to restore services as restrictions associated with the pandemic are lifted; and

- Consult with regional Aboriginal Controlled Community Health Services regarding implementation of the enhanced services.

Following consultation with an established Aboriginal Controlled Community Health Service, this service enhancement is targeted to provide additional support to children and young people as the priority target group in response to emergent needs resultant from the pandemic. Anecdotal evidence suggests an increase in service demand for children and families, increased family stress and impacts on parents and care providers' wellbeing, impacts on the wellbeing of children and young people, and increased need for the workforce to engage in clinical supervision to support their practice in the context of the rapidly changing landscape of COVID-19.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
A local mental health service system that is not able to meet people's mental health needs.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander peoples

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

Brisbane South PHN is directly engaging a well-established Aboriginal Community Controlled Health Service.

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/11/2020

Activity End Date

30/12/2022



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Not Applicable



CHHP - 26 - MH 2.6 headspace Wait Time Reduction Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

26

Activity Title *

MH 2.6 headspace Wait Time Reduction Program

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

- To support the long-term sustainability of the headspace program by improving access to services, appropriately managing demand and improving the health outcomes of young people aged 12 to 25 with, or at risk of, mental illness access headspace services, and their families.
- To develop a strategy in a collaborative manner to reduce wait time to services for children and young people accessing headspace services in the Brisbane south region.

Description of Activity *

- To develop and implement wait time reduction strategies in collaboration with the Brisbane south headspace centres and headspace National Office (hNO). The need was identified based on the FY18/19 allocation of funding on headspace National's Centre Demand Survey, which was a self-report data from headspace centre managers. Further monitoring and feedback has surfaced significant increases in demand and resulting increases in wait times exacerbated by the impacts of covid-19.
- To work with key stakeholders including headspace National, local communities and advisory groups to co-design and implement

developed strategies.

- To enhance workforce capacity and optimise centre infrastructure to increase service capacity and responsiveness.

A program logic model will be developed to identify appropriate outcome indicators, with reference to the Brisbane South PHN Performance and Outcomes Framework.

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing a mild to moderate mental health condition.
- Those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2024



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bsphn.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bsphn.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf



CHHP - 27 - MH 2.7 headspace Demand Management and Enhancement Program



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

CHHP

Activity Number *

27

Activity Title *

MH 2.7 headspace Demand Management and Enhancement Program

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description

Aim of Activity *

This activity aims to :

- improve demand management at headspace services, increasing access and reducing wait time for young people aged 12 to 25 years to access high quality youth friendly mental health support.
- enhance the quality of experience for young people aged 12 to 25 years accessing mental health services provided through headspace.

Description of Activity *

headspace Capalaba

- an Access and Engagement Clinician will be employed to provide additional brief intervention and group therapies
- undertake minor renovations to add four new consult rooms. Renovations may include refurbishment, fit-out and purchase of ICT and equipment for the additional rooms.

headspace Inala

- employ a Clinical Psychologist to provide additional intervention sessions and undertake supervision of student placements
- employ an Occupational Therapist to provide individual intervention and group sessions
- engage two Master of Clinical Psychology student placements per university semester.

headspace Meadowbrook

- employ additional Intake Clinicians and Brief Intervention Clinicians to increase capacity for assessments to and deliver additional brief intervention

Needs Assessment Priorities *

Needs Assessment

Brisbane South PHN Health Needs Assessment 2021/22 to 2023/24

Priorities

Priority	Page reference
MH & SP priority populations - people who identify as children and young people and people who identify as LGBTQIA+.	251
Mental health support across the stepped care continuum, from prevention & low intensity to psychosocial supports, & clinical care coordination for people with severe/complex mental health concerns.	251
The numerous barriers for people experiencing mental health concerns to find and access the right support.	252



Activity Demographics

Target Population Cohort

Young people aged between 12 and 25 years:

- Living within the Brisbane South PHN region
- At risk of/or experiencing severe mental health conditions
- Who may traditionally encounter barriers to accessing services, including economic disadvantage or those from priority populations such as Aboriginal and Torres Strait Islander peoples, people from CALD backgrounds, people identifying as LGBTQIA+, and people with disability.

In Scope AOD Treatment Type ***Indigenous Specific ***

No

Indigenous Specific Comments**Coverage****Whole Region**

No

SA3 Name	SA3 Code
Springwood - Kingston	31106
Loganlea - Carbrook	31105
Forest Lake - Oxley	31001
Jimboomba	31104
Beenleigh	31102
Browns Plains	31103
Capalaba	30101

**Activity Consultation and Collaboration****Consultation**

Brisbane South PHN Board, Clinical and Community Councils, government and non-government service providers, funding bodies, advocacy groups, consumers and carers.

Collaboration

Consumers - Planning, Implementation, Monitoring, and Evaluation

Non-government organisations - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Primary mental health care providers - Planning, Co-design, Procurement, Implementation, Monitoring, and Evaluation

Hospital and Health Service - Planning, Co-design, Implementation, Monitoring, and Evaluation

**Activity Milestone Details/Duration****Activity Start Date**

30/07/2020

Activity End Date

29/06/2023



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

Not Applicable

Co-design or co-commissioning comments

Brisbane South PHN undertook a significant co-design process for the redesign of primary mental health, suicide prevention, and alcohol and other drugs services in the region. Further detail is provided in the MHSPAOD Strategy 2019-22:

<https://bspnh.org.au/wp-content/uploads/2019/03/Brisbane-South-Mental-Health-Suicide-Prevention-and-Alcohol-and-Other-Drug-MHSPAOD-Strategy-2019-2022.pdf>

This Strategy is further supported by the Working Together Differently – Brisbane South Mental Health, Suicide Prevention and Alcohol and Other Drug Foundation Plan 2020-2022: https://bspnh.org.au/wp-content/uploads/2020/07/BSPHN_MSAMHS_Working_Together_Differently_Report_Jun2020_V8.pdf